

Internist pre-surgery examination

For admission to the surgery, please perform the following examinations at your general practitioner's office or at an internist's office and provide a confirmation of the results to Perfect Clinic at the day of the surgery:

Before a surgery under general anaesthesia:

Blood count, mineral testing, glycaemia, ALT, AST, ALP, GGT, Urea, Creatinine, CRP, protrombin time (INR), APTT, urine chemical screening and sediment, ECG (with description), chest X-ray (only for patients from the age of 60 upwards and patients with any lung disease).

The pre-surgery examination must contain an explicit indication by the internist that there are no objections against the surgery under general anaesthesia.

These examinations must not be older than 14 days at the day of the surgery.

Please note that a surgery cannot be performed if such pre-surgery examination is missing or is incomplete. In general, only healthy patients may undergo a surgery – the patient must be free of common cold, cough, suppurating rash, herpes etc. After a febrile disease, a recovery of 2-3 weeks is necessary before a surgery can be performed.

Please also note the following:

- take with you any medication which you are using regularly
- do not use any blood-thinning medication (e.g. aspirin) 14 days before the surgery
- gel nails are allowed, in any color
- you should refrain from eating 6 hours before a surgery in general anaesthesia, you may drink up to 2 hours before a surgery (only still water, no milk, no juice, no coffee)
- before a breast surgery you should shave your armpit area
- before a liposuction you should shave the area which is to be corrected
- before a labiaplasty you should shave your genital area

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